

CENTRAL AMERICAN AND CARIBBEAN
AMATEUR SWIMMING CONFEDERATION



C.I.S.C.

ORANJESTAD, ARUBA

June 2012

SUMMOMS

CENTRAL AMERICAN AND CARIBBEAN SWIMMING AMATEUR CONFEDERATION (C.C.C.A.N.)

Summons to the IXX Caribbean Island Swimming Championships

Hereby the C.C.C.A.N summons Member Federations of the Caribbean Islands, Surinam from the South American Swimming Confederation and Guadeloupe and Martinique from the French Swimming Federation, to participate in the above-mentioned Championship in accordance with the following requirements:

BASIS

1. PARTICIPANTS

In order to take part in these Championships, participants shall be a member of a duly-constituted Federation affiliated to this Confederation (CCCAN) or a specially invited Federation. That Federation must be in good standing with CCCAN and in full possession of its rights. Participating teams summoned to these Championships shall represent the country they come from. For the present time, the following countries are considered to be Members of the Confederation through their respective Federations:

1. FORMER NETHERLAND ANTILLES	11. GRENADA
2. ANTIGUA & BARBUDA	12. U.S. VIRGIN ISLANDS
3. ARUBA	13. BRITISH VIRGIN ISLANDS
4. BAHAMAS	14. JAMAICA
5. BARBADOS	15. PUERTO RICO
6. BERMUDA	16. ST. KITTS & NEVIS
7. CAYMAN ISLANDS	17. ST. LUCIA
8. CUBA	18. ST. VINCENT & THE GRENADINES
9. DOMINICA	19. TRINIDAD & TOBAGO
10. DOMINICAN REPUBLIC	

Surinam residents, although not members of the C.C.C.A.N, can also participate in these Championships through their Federation as long as they receive the endorsement and authorization of the South American Swimming Confederation (CONSANAT) of which they are a member.

Guadeloupe and Martinique residents can also participate through their respective associations provided they likewise received the endorsement and authorization of the French Swimming Federation of which they are a member.

2. CATEGORIES.

Swimming

1. Group "A" Competitors from 11 to 12 years at December 31, 2011 (midnight). Athletes born in 2000 & 1999.
2. Group "B" Competitors from 13 to 14 years at December 31, 2011 (midnight). Athletes born in 1998 & 1997.
3. Group "C" Competitors from 15 to 17 years at December 31, 2011 (midnight). Athletes born in 1996, 1995 & 1994.
4. Group "D" Competitors 18 years and Older at December 31, 2011 (midnight). Athletes born in 1993 or before.

Open Water Swimming

1. Group "A" Competitors from 14 to 17 years at December 31, 2011 (midnight). Athletes born in 1997, 1996, 1995 & 1994.
2. Group "B" Competitors 18 years and Older at December 31, 2011 (midnight). Athletes born in 1993 or before

Synchronized Swimming:

1. Group "A" Competitors 12 years and Younger at December 31, 2012 (midnight). Athletes born in 2000 or after.
2. Group "B" Competitors from 13 to 15 years at December 31, 2012 (midnight). Athletes born in 1999, 1998 or 1997.
3. Group "C" Competitors from 16 to 18 years at December 31, 2012 (midnight). Athletes born in 1996, 1995 or 1994.
4. Group "D" Competitors 19 years and Older at December 31, 2012 (midnight). Athletes born in 1993 or before.

3. VENUE.

The Aruba Swimming Federation will be in charge of the organization and holding of these competitions under the supervision of the C.C.C.A.N. Competitions will be held in Oranjestad, Aruba, under the following program:

1. Arrival of teams – June 21, 2012
2. CISC Extraordinary Meeting – June 22, 2012 at 09.00 hours
3. Technical Meeting – June 22, 2012 during the CISC Meeting
4. Opening Ceremony – June 22 at 18.00 hours
5. Competitions – from June 23 to June 27, 2012
6. CISC Awards Ceremony – June 27, 2012, after the Finals and the Closing.
7. Departure of teams – June 28, 2012.

4. COMPETITORS.

In order to compete as well as to represent the country entering him or her, the competitor must meet the following requirements:

1. Proof of age through an official Birth Certificate or passport.
2. Competitor shall be citizen, by birth or naturalization of the nation he represents. (See FINA Rule GR 2.5).
3. It is important to take into account what it is stated in FINA Rule GR 1.

5. ENTRIES

In order to participate, countries shall send their entries by FAX or email to the Organizing Committee of this Championship, addressed to:

Organizing Committee C.I.S.C. 2012
Aruba Swimming Federation
Attention: Mrs. Marion Kan
FAX (+297-586 0593)
E-mail: mkan_aps@yahoo.com

Preliminary entry (per team) shall be done in written and must be received by the Organizing Committee, at the address included above, **no later than February 15, 2012**. Entries must indicate the following:

1. The swimming categories in which the National Federation shall participate.
2. The Open Waters Swimming categories in which the National Federation shall participate.
3. The Synchronized Swimming categories and events in which the National Federation shall take part.

4. The approximate number of persons in the official delegation, with the list of female and male athletes as well as the number of officials of the delegation and the Technical Officials.

Though the last day of the preliminary entry shall be on **February 15, 2012**, we shall appreciate if this information is submitted to the Organizing Committee as soon as possible, to give the host country maximum time to arrange local transportation, accommodation and meal.

The final entries per group or specific event must be in the hands of the Organizing Committee no later than **May 15th 2012**. The host country shall not be responsible of the expenses incurred by the person or the people in charge of taking in person the final entries to Oranjestad.

To all disciplines, the final entries shall be sent in a format provided by the Organizing Committee.

6. ENTRIES RULES.

Swimming

1. Each country can enter a maximum of two (2) competitors per each individual swimming event.
2. Each Entry Time submitted must have been achieved in a previous competition recognized by CCCAN otherwise "NT" must be entered.
3. There is no limitation concerning the number of events where an individual competitor can participate.
4. Substitutes are not allowed to participate in individual events.
5. In relay events, each country can entry only a team made up by four (4) competitors. FINA's rule SW 10.13 shall be applied
6. No competitor shall be able to participate in a category out of his/her age, even if it were a category of an older age than the competitor.
7. The swimmers order in relay events shall be handed to the control table, no later than one hour prior to the beginning of the session in the event competitor shall swim.
8. The exact number of dives per competitor shall be handed to the Diving Referee at least 24 hours prior to the official participation of the divers.
9. Each country can enter fifty (50) swimming competitors as maximum.

Open Water Swimming

1. Each country shall be able to enter a maximum of three (3) competitors per individual event, in men and women.
2. Those athletes whose ages are between 14 and 17 years old, will participate only if they are represented by their parents or the delegate from their country at the championship. The competitors representatives shall sign in before the start of the event and shall be included in the registration form , the exoneration of responsibility.

3. All competitors shall be subject to a compulsorily medical examination in the venue of the event before the start of the event. Information on this will be provided at the Technical Meeting.
4. The place and time for the competitions, as well as the plan with the characteristics of the route will be provided to Delegations in the Technical Meeting.

Synchronized Swimming

1. Each country can enter only two (2) solo, two (2) duets and one (1) team per age group.
2. The team must be made up by a minimum of four (4) and a maximum of eight (8) competitors.
3. No competitor shall participate out of her age group even in an older age group than the age of the competitor.

7. MINIMUM NUMBER OF PARTICIPATING COUNTRIES.

To hold a "Championship" competition in any discipline (Swimming, Open Waters Swimming or Synchronized Swimming) and their respective categories, we shall require the participation of at least two (2) countries.

If in a discipline or event the minimal number of the participating countries is not entered, then the Organizing Committee shall inform the President of the C.C.C.A.N. twenty one (21) days prior to the opening of the Championship (May 31, 2012) who will cancel that event. All participating countries shall be immediately informed on the decision made by the C.C.C.A.N.

8. RULES.

The championships shall be governed by the Rules of the International Swimming Federation (FINA), applicable at the date the hosting of the Championships is awarded to the host Federation by CCCAN.

9. INTERPRETATIONS.

The Executive Committee of the CCCAN shall have complete authority to answer and solve any interpretation, resolution and appeal regarding those Championships.

10. JUDGES.

The CCCAN, shall appoint, at due time, the judges and the referees for the Championships with the proviso that at least 90% of them shall be provided by the host country. The participating Federations can include in their delegations Technical Officials with a maximum of three (3) per discipline. The list with the names and the experience of each technical official proposed shall be submitted with the Final Entries to the President of the CCCAN, to the following address:

Errol E. Clarke
P.O. Box 6W, Worthing
Christ Church, BARBADOS.
Fax: (246) 429-5292
E-mail: eclarke@caribnet.net

Each Federation and the Organizing Committee shall be notified of the technical officials appointed to work at in the Championships.

11. AWARDS.

Awards up to the eighth place shall be given in each event. A Trophy will be presented to each high point Champion in each of the age categories and disciplines. All of these awards shall have the CCCAN initials.

From the first to the third place, gold, silver and bronze medals shall be given respectively. From fourth to the eight place, certificates shall be awarded.

The frequency of the Award Ceremony shall be announced at the technical meeting, by the representative of the CCCAN. The flags of the three first places shall be raised and the National Anthem of the winner shall be played. Recipients must come to the podium dressed in track suit top and pants and enclosed footwear.

In swimming relay, synchronized swimming duets and team events, each participant shall receive the corresponding award for their country.

12. SCORING

In Swimming

First Place, 9 points; Runner-up, 7 points; Third Place, 6 points; Fourth Place, 5 points; Fifth Place, 4 points; Sixth Place, 3 points; Seventh Place, 2 points and Eighth Place, 1 point.

These points will be double for the Relay and Open Water events.

In Synchronized Swimming

Points will be awarded the Figures and Routines independently.

Points will be scored on the format stated per events:

Place	Figures	Solos	Duets	Teams
1 ^o	24 pts	24 pts	36 pts	72 pts
2 ^o	22 pts	22 pts	33 pts	66 pts
3 ^o	20 pts	20 pts	30 pts	60 pts
4 ^o	18 pts	18 pts	27 pts	54 pts
5 ^o	16 pts	16 pts	24 pts	48 pts
6 ^o	14 pts	14 pts	21 pts	42 pts
7 ^o	12 pts	12 pts	18 pts	36 pts
8 ^o	10 pts	10 pts	15 pts	30 pts

Solo and Duet will be awarded greatest scoring per country. The runner-up Solos and Duets will be taken into account for the final scoring of each country, considering its honorary participation.

Independent scoring will be taken in each discipline, category and sex, to decide the Champion Country. The country which achieves the greatest number of points in all the disciplines and categories will be given a trophy.

13. SWIMMING PROGRAM.

1. The preliminary Heats in accordance with the FINA SW 3 Rules will be held in the morning starting at 9:00am and the swimmers with the eight (8) fastest times in each event will swim as finalists in the afternoon on the same day starting at 5:00pm. The ninth (9) and tenth (10) fastest times in the Heats will be designated as alternates for the Finals if one or two of the finalists may not participate in their events.
2. The slowest series in 800 metres Women Freestyle and 1500 Men Freestyle will be held in the morning as Time Finals and will be seeded in accordance with FINA Rule SW 3. The (8) swimmers with the best registration time will swim the Final in the afternoon on the same day. The time submitted on the registration form, will be the time used to seed the swimmers. Excepting doping control testing or medical reasons, **all the swimmers** registered in the event, will compulsorily have to appear before the **Clerk of Course** upon the event call in the morning, otherwise they shall not be allowed to participate **in the Final in the afternoon.**
3. The swimming pool will be open ninety (90) minutes before each competition session.

14. OPEN WATER SWIMMING

1. The event to be swum will be 5 kilometres, both categories and sex, in the morning.
2. The competition circuit will be totally marked on the day before the event. The venue shall guarantee the indispensable support for the training at the facility.
3. According to the number of participants and the technical features of the competition line, the Technical Committee will inform at the Technical Meeting whether one or two exits will be allowed.

15. SYNCHRONIZED SWIMMING PROGRAM

The Synchronized Swimming Program will be in accordance with the provision on the FINA book. The order and development of the competitions will be set in accordance with the number of participants in each category, so that the final order of the EVENTS will be organized according to the preliminary registrations. All of this, will be discussed at the Technical Meeting.

At the time of submitting the Final Entries, the participating countries shall inform the Organizing Committee of the Categories and the Events in which they intend to compete.

Fourteen (14) days after receipt of the Preliminary Entries, the Organizing Committee shall send the affiliated and invited countries the information concerning FINA "SS 24.2" Regulation corresponding to the diagram and pool depth, as well as the music formats.

16. EXPENSES.

Each country will have the right to include in its Delegation, at the rate stated below, the Team Officials as follows:

A. Swimming

- a. Delegations made of 10 or less swimmers, 3 Team Officials.
- b. Delegations made of more than 10 but less than 31 swimmers, 4 Team Officials.
- c. Delegations made of more than 30, but less than 51 swimmers, 5 Team Officials.
- d. Delegations made of more than 50, 6 Team Officials.

B. Open Water – 2 Team Officials

C. Synchronized Swimming – 3 Team Officials

D. Daily Rates

Every visiting country shall pay the Organizing Committee \$55.00 USD per day for accommodation and three meals for each member of the Official Delegation plus an additional fixed fee of \$30.00 for transportation.

The Organizing Committee will provide local transportation, including the International Airport - Village round trip, meals and accommodation from June 21, 2012 to June 28, 2012.

17. POOLS AND VILLAGES.

The pools to be used are as follows:

- Swimming - at the Piscina Olimpico Roly Bissilik in Savaneta
- Synchronized Swimming - at the Piscina Olimpico Roly Bissilik in Savaneta
- Open Waters, along the seafront area of Eagle Beach Strip.

18. SWIMMING SCHEDULE

First Day: June 23, 2012

1-2	200 M Individual Medley	11-12
3-4	400 M Individual Medley	13-14
5-6	400 M Individual Medley	15-17
7-8	400 M Individual Medley	18 & Over
9-10	100 M Back	11-12
11-12	200 M Freestyle	13-14
13-14	100 M Freestyle	15-17
15-16	100 M Freestyle	18 & Over
17-18	100 M Freestyle	11-12
19-20	50 M Butterfly	18 & Over
21-22	50 M Butterfly	15-17
23-24	50 M Butterfly	13-14
25-26	50 M Butterfly	11-12
27-28	400 M Freestyle Relay	18 & Over
29-30	400 M Freestyle Relay	15-17

Second Day: June 24, 2012

31-32	200 M Freestyle	15-17
33-34	200 M Freestyle	18 & Over
35-36	50 M Freestyle	13-14
37-38	100 M Backstroke	15-17
39-40	100 M Backstroke	18 & Over
41-42	200 M Butterfly	11-12
43-44	100 M Butterfly	13-14
45-46	100 M Butterfly	15-17
47-48	100 M Butterfly	18 & Over
49-50	200 M Breaststroke	11-12
51-52	200 M Breaststroke	13-14
53-54	200 M Breaststroke	15-17
55-56	200 M Breaststroke	18 & Over
57-58	400 M Freestyle Relay	11-12
59-60	400 M Freestyle Relay	13-14

Third Day: June 25, 2012

61-62	800/1500 M Freestyle	13-14
63-64	50 M Freestyle	15-17
65-66	50 M Freestyle	18 & Over
67-68	100 M Butterfly	11-12
69-70	200 M Butterfly	13-14
71-72	200 M Butterfly	15-17
73-74	200 M Butterfly	18 & Over
75-76	50 M Backstroke	11-12
77-78	50 M Backstroke	13-14
79-80	50 M Backstroke	15-17
81-82	50 M Backstroke	18 & Over
83-84	100 M Breast	13-14
85-86	200 M Freestyle	11-12
87-88	800 M Freestyle Relay	15-17
89-90	800 M Freestyle Relay	18 & Over

Fourth Day: June 26, 2012

91-92	400 M Freestyle	18 & Over
93-94	400 M Freestyle	15-17
95-96	400 M Freestyle	13-14
97-98	400 M Freestyle	11-12
99-100	50 M Breaststroke	18 & Over
101-102	50 M Breaststroke	15-17
103-104	50 M Breaststroke	13-14
105-106	50 M Breaststroke	11-12
107-108	200 M Backstroke	18 & Over
109-110	200 M Backstroke	15-17
111-112	200 M Backstroke	13-14
113-114	200 M Backstroke	11-12
115-116	400 M Medley Relay	18 & Over
117-118	400 M Medley Relay	15-17

Fifth Day: June 27, 2012

119-120	100 M Freestyle	13-14
121-122	50 M Freestyle	11-12
123-124	100 M Freestyle	18 & Over
125-126	100 M Breaststroke	15-17
127-128	100 M Breaststroke	11-12
129-130	100 M Backstroke	13-14
131-132	800/1500 M Freestyle	15-17
133-134	800/1500 M Freestyle	18 & Over
135-136	200 M Individual Medley	13-14
137-138	200 M Individual Medley	15-17
139-140	200 M Individual Medley	18 & Over
141-142	400 M Medley Relay	11-12
143-144	400 M Medley Relay	13-14

19. OPEN WATER SWIMMING SCHEDULE

Date: June 24, 2012

09.00 hours....5 kilometres to be swum in the sea.

Categories: 14-17 years
18 years & over

20. SYNCRONIZED SWIMMING SCHEDULE

Day 1 Free Routines
Day 2 Figures
Day 3 Figures
Day 4 Free Duets Routines
Day 5 Free Teams Routines

First Day		Second Day	
Test	Category	Test	Category
Solo	12 years and less	Figures	13 , 14 and 15 years
Solo	13 , 14 and 15 years	Figures	16, 17 and 18 years
Solo	16, 17 and 18 years	Solo Technical	19 years and Older
Solo Free	19 years and Older		
Third Day		Fourth Day	
Test	Category	Test	Category
Figures	12 years and less	Duets	12 years and less
Duets Technical	19 years and More	Duets	13 , 14 and 15 years
		Duets	16, 17 and 18 years
		Duets Free	19 years and Older
Fifth Day			
	Test	Category	
	Teams Technical	12 years and less	
	Teams	13 , 14 and 15 years	
	Teams	16, 17 and 18 years	
	Teams Free	19 years and Older	

Reviewed by: Mr. Ronald van den Berg
Aruba Swimming Federation President

Approved by: Eng. Errol Clarke
CCCAN President