

A FINA APPROVED QUALIFIER FOR THE XIV FINA WORLD SWIMMING CHAMPIONSHIPS SHANGHAI, CHINA

MEET SUMMONS

XXVI CARIFTA SWIMMING CHAMPIONSHIPS AQUATIC CENTRE SIR GARFIELD SOBERS SPORTS COMPLEX WILDEY, ST MICHAEL, BARBADOS

1. DATE AND VENUE SWIMMING

DATE: April 23-26, 2011

VENUE: AQUATIC CENTRE, WILDEY

ST MICHAEL

GAMES VILLAGE: BARBADOS BEACH CLUB

POOL SPECIFICATIONS: 10 Lane 50 Metre pool with Daktronics

Electronic Timing System 25 Metre warm down pool

2. SCHEDULE

Friday, April 22: Arrival of teams

Technical Meeting - 7:00 PM

Technical Officials' Meeting - 8:30 PM

Saturday, April 23 (Day 1): Swimming- Preliminary Heats - 9:00 AM

Opening Ceremony 5:30 PM - 5:50 PM

Swimming Finals – 6:00 PM

Sunday, April 24 (Day 2): Swimming- Preliminary Heats - 9:00 AM

Coaches' forum: 12:15 PM-Games Village

Swimming Finals – 6:00 PM

Monday, April 25 (Day 3): Swimming- Preliminary Heats - 9:00 AM

Swimming Finals – 6:00 PM

Tuesday, April 26 (Day 4): Swimming- Preliminary Heats - 9:00 AM

Congress Meeting 12:15PM - 2:00PM

GAMES VILLAGE

Swimming Finals – 5:30 PM

Tuesday, April 26: Closing Ceremony: After party at GAMES

VILLAGE

Wednesday, April 27: Departure of Teams

1. DATE AND VENUE WATER POLO & SYNCHRONISED SWIMMING

DATE: April 28-May 2nd, 2011

VENUE: AQUATIC CENTRE, WILDEY

ST MICHAEL

GAMES VILLAGE: BARBADOS BEACH CLUB

POOL SPECIFICATIONS: 50 Metre pool with Daktronics

Electronic Timing System 25 Metre warm down pool

2. SCHEDULE

Thursday, April 28: Arrival of teams

Technical Meeting - 7:00 PM

Technical Officials' Meeting - 8:30 PM

Friday, April 29 (Day 1): COMPETITION STARTS AT: 9:00 AM

Opening Ceremony 5:30 PM

Saturday, April 30 (Day 2): COMPETITION STARTS AT 9:00 AM

Sunday, May 1 (Day 3): COMPETITION STARTS AT 9:00 AM

Congress Meeting-: 12:15 – 2:00 PM-

GAMES VILLAGE
Competition Finals: PM
Distribution of Awards

Closing Ceremony: After party at GAMES

VILLAGE

Monday, May 2 Departure of Teams

XXVI CARIFTA SWIMMING CHAMPIONSHIPS

3. <u>INVITED FEDERATIONS</u>

- 1. Antigua & Barbuda
- 2. Aruba
- 3. Bahamas
- 4. Barbados
- 5. Bermuda
- 6. Cayman Islands
- 7. Dominica
- 8. French Guiana
- 9. Grenada
- 10. Guadeloupe
- 11. Guyana

- 12.Jamaica
- 13. Martinique
- 14. Netherland Antilles
- 15. St. Lucia
- 16. St. Kitts & Nevis
- 17. St Vincent & The Grenadines
- 18. Suriname
- 19. Trinidad & Tobago
- 20. Turks & Caicos Islands
- 21. The British Virgin Islands
- 22. The US Virgin Islands

4. <u>COMPETITION RULES</u>

4.1. THE COMPETITIONS

The competitions will be conducted in accordance with FINA Rules 2009-2013 in force at the start of the competition. FINA Rule SW 4.4 shall be applied. In the preliminary heats of swimming, the start shall be "over the top" in the freestyle, breaststroke and butterfly events.

4.2. INTERPRETATIONS

The Organising Committee of CARIFTA 2011 and the Jury of Appeal shall have complete authority to answer and resolve any interpretation, resolution and call relating to these Championships. Nominations for the Jury of Appeal should be submitted at the Technical Meetings.

4.3. AGE GROUPS

Swimming:

- **A.** Competitors will compete in the following age groups:
 - 11-12 Female & Male
 - 13-14 Female & Male
 - 15-17 Female & Male
- B. The swimmer's age group shall be determined by the age of the swimmer as of midnight on 31st December 2010.

Synchronised Swimming:

A. Competitors will compete in the following age groups:

12 & Under Female 13-15 Female 16-18 Female

B. A synchronised swimmer's age group shall be determined by the age of the swimmer as of **midnight on 31**st **December 2011**.

Water polo

A. Competitors will compete in the following age groups:

В.

in odd years

15 & under in both male and female divisions18 & under in both male and female divisions

B. A water polo player's age group shall be determined by the age of the swimmer as of **midnight on 31st December 2011**.

5. **ELIGIBILITY**

- A. All participating Federations must be in good standing with FINA and all other affiliated members.
- B. All participating Federations must be registered and in good financial standing with FINA, or, affiliated with a member of FINA in good financial standing.
- C. Participating Federations must be in good financial standing with all Federations invited to participate in the CARIFTA Swimming Championships.(Congress Aruba, 2009)
- D. All Competitors must be either citizens of the Country they represent whether by birth or naturalisation, provided that a naturalised citizen shall have lived in that Country for at least one year prior to the entry deadline for the Championships. Additionally, non-citizens may be entered providing the competitor has been resident in the Country for one year prior to the entry deadline and must not have swum for another Country during that period. All Competitors must also be registered with, or a member of, the Swimming Federation of the Country that they represent. (Carifta Congress Aruba 2009)
- E. Competitors who are not citizens by birth or naturalization of the Country they are representing, but who have satisfied the residency clause must indicate this status. The distinction will be made by adding the suffix 'AG' to the Country Code of the particular Country. E.g. BAR will become 'BARAG' in those particular cases. Naturalised citizens must present proof of residency as outlined in the FINA rules. (Congress 2009, Aruba)

6. PRELIMINARY ENTRIES

Preliminary Entries in each discipline must be made using the Preliminary Entry forms attached and must reach the Chairperson of the Organising Committee by **Friday**, **January 28, 2011**.

The Barbados Amateur Swimming Association Sir Garfield Sobers Sports Complex Aquatic Centre Wildey, St Michael Barbados

Tel # (246) 429-7946

Fax #(246) 436-2272 or 431-0541

E-mail: Swimming Federation: basa@caribsurf.com/

sonpat@caribsurf.com

7. FINAL ENTRIES

The Final Entries must be submitted to the Organising Committee by **Friday**, **March 25**, **2011**. Swimming entries must be submitted using HY-TEK Software. Final Entries must include the following details:

- A. Name, sex and date of birth of each swimmer/synchronised swimmer/waterpolo player.
- B. Events entered by each swimmer/synchronised swimmer.
- C. Entry time for seeding purposes (swimming only);
- D. Names of Team Officials and the position held by each official.
- E. Names of qualified persons and capacity in which they are willing to serve as Technical Officials.
- F. Passport sized photographs of each athlete, team and technical official.
- G. Photographs must be submitted in electronic format as .jpg files. Each picture (.jpg file) must specify the full name and Country of the competitor. Photographs must also be compressed in Zip format for efficient transmission. The zip file must be labeled with the name of the Country and discipline. Please submit separate zip files for each discipline.
- H. For publicity purposes please also send a profile of your top swimmers only that the Country may wish to highlight. Profiles should include National and International achievements and must not be more than 200 words.
- Details of arrival and departure of all swimmers, team and technical officials (See attached form)
- J. Despite entry submission in electronic format, a team or meet manager's printout, signed by the President or General Secretary of the Federation with the Association's stamp affixed must be faxed or emailed to the Organising Committee by the **deadline date of Friday, March 25, 2011.**

8. ENTRY RULES

Swimming:

- A. There will be a limit of 8 competitors in each sex per age group to a maximum of 36 swimmers.
- B. There is no limit to the number of events per swimmer.
- C. No substitutions or alternates will be accepted after the final entries have been submitted, except in relays. All relay participants must have been entered in the meet.
- D. No competitor will be able to participate in an age group outside of his age group, even if it were in an age group older than the competitor.
- E. Each Country will be limited to two (2) competitors per individual event and one (1) team per relay event.
- F. In the relays each Country must enter 4 competitors. The order of the swimmers in each relay of the day's proceedings must be handed in to the Clerk of Course one hour before the start of each session.
- G. Individual events exceeding 200 metres will be Timed Finals. All other events will have preliminary heats with one final event
- H. Scratches must be presented 30 (thirty) minutes prior to the start of the finals. Failure to comply with the above would trigger the following penalty: A fine of US\$100.00 to be paid immediately upon reporting the scratch. The team will be denied future participation if fine is not paid. Any claims to illness must be supported by medical verification. (Carifta Guidelines).

The following procedure will be followed for events in excess of 200 metres.

400 M, 800 M & 1500 M Timed Final events: all heats except the fastest seeded heat will be swum in the morning session. The fastest heat will be swum in the evening session. In the 800 M & 1500 M events the 13-14 and 15-17 age groups will be swum together, with the results and scoring published by age groups.

NB: PROOF OF TIMES MUST ACCOMPANY ENTRIES FOR EVENTS 400 METRES & OVER. ENTRY TIMES WITHOUT PROOF WILL BE ENTERED AS-NT- "No Time".

Copies of meet results indicating the location at which the times were achieved, signed by the meet referee or the President of the National Federation, must accompany entries as proof of times. All times must be submitted as long course metres.

- H. The eight (8) fastest swimmers in the preliminaries will qualify for the finals. The 9th and 10th fastest in each preliminary event will be designated as alternates for the finals.
- Seeding for the preliminary events will be in accordance with FINA Rule SW3.
- J. Any event containing eight (8) or fewer entries will automatically be a final.

Synchronised swimming:

- A. Each Country may enter two (2) solos, two (2) duets and one (1) team per age group.
- B. The team must comprise a minimum of four (4) and a maximum of eight (8) competitors.
- C. No competitor may participate out of her age group, even it were an older age group than that of the competitor.

Water Polo:

- A. Each Country may enter one (1) team per age group.
- B. The team must comprise a minimum of nine (9) and a maximum of thirteen (13) players.
- C. The competition system will be based on the number of participating teams.
- D. In the event that only two teams participate, the Championship will be decided in a three game series. The first team to win two games will be awarded the Gold medal.
- E. If more that two (2) teams participate, a single round robin will be played. The standings will be determined by awarding two (2) points per win and one (1) per tie. The team with the most points will be awarded the Gold Medal, second the Silver etc. In the event that the teams are tied on points, the winner of the game between those two teams will determine the placing. In the event that the teams play to a tie, the team with the better goal average will be awarded the higher placing.
- F. The final competition programme will be determined at the Technical Meeting. The Organising Committee will undertake an evaluation after receiving the preliminary entries. If changes become apparent due to the number of entries, the affected Federations will be consulted.
- G. For all categories the ball that will be used shall be the one that satisfies the technical requirements of FINA. The Organsing Committee will select the ball. (Congress 2002, Barbados)

Н.

9. TEAM OFFICIALS

Each participating Country may include in its delegation, at the cost indicated in Section 11, the following officials:

NB: The following persons are included in the below allocation of team officials: Doctors, Masseurs, Physiotherapists, Chaperones, Managers/Chefs de mission and Coaches. Each of these persons must state the capacity in which they are functioning as team officials.

Swimming:

- A. Delegations of twelve (12) competitors or less will be allowed three (3) team officials.
- B. Delegations of thirteen (13) to twenty four (24) competitors will be allowed five (5) team officials.
- C. Delegations of twenty five (25) to thirty six (36) competitors will be allowed seven (7) team officials.

Synchronised swimming:

- A. Delegations of four (4) competitors or less will be allowed one (1) team official.
- B. Delegations of five (5) or more competitors will be allowed two (2) officials.
- C. Delegations will be allowed two (2) qualified judges in addition to the above.

Water Polo

- A. Delegations of thirteen (13) competitors or less (1 team) will be allowed three (3) team officials.
- B. Delegations of fourteen (14) to twenty six (26) competitors (2 teams) will be allowed five (5) team officials.
- C. Delegations of twenty seven (27) to fifty two (52) competitors (3 teams) will be allowed nine (9) team officials.
- D. Delegations will be allowed one (1) qualified Referee.

Teams from non English-speaking Countries will also be entitled to an additional official to serve as a translator. The Organising Committee will endeavor to provide a bilingual Liaison Officer to be available throughout the competition or as required.

Please note that excess Team Officials will not be entitled to the team rate.

10. REGISTRATION/ACCREDITATION PROCEDURE

- A. On arrival at the Games Village, teams will be checked in and allocated rooms based on the pre-allocation rooming list. If no room allocation list was provided the OC will allocate rooms prior to the team's arrival.
- B. The Head of Delegation/Manager will be taken to the BASA Office to complete the following:
 - 1. Delegations will pay to the Organising Committee the sum total of meet fees as invoiced by the Host Country based on the final entries. Invoices will be sent to the National Federations prior to arrival. Fees must be paid as followed choosing one method of payment:
 - a) prior to arrival by wire transfer in US dollars
 - b) on arrival in the form of US dollars-cash-exchange rate \$Bds\$1.00/US\$1.98
 - c) US travelers' cheques-exchange rate Bds\$1.00/US\$1.99
 - d) US \$ bankers' certified draft
 - e) Credit card-master or visa card. American Express Cards will not be accepted.

Wire transfer

If payment by wire transfer is the preferred method of payment wire transfer instructions are detailed below:

Telegraphic Transfer Instructions:

BANK ACCOUNT # 10039148 FIRSTCARIBBEAN BANK INTERNATIONAL LTD WILDEY ST MICHAEL BARBADOS W I

CORRESPONDENT BANK:-

WACHOVIA BANK NEW YORK

SWIFT CODE: PNBPUS3NNYC

SWIFT CODE: FIRSTCARIBBEAN FCIBBBBB

Please note that commission charges must be paid by the National Federation and that meet fees received by the host Country must equate the amount invoiced.

The following accreditation procedures will be conducted simultaneously with the Technical meeting.

- 2. The athletes' proof of age and eligibility will be verified at this time. Athletes' proof of age and eligibility must be provided in the form of a passport and residency documents.
- 3. Accreditation badges will be issued to each member of the official delegation after payment has been received.
- 4. Submission of TWO (2) flags and anthems.
- 5. The accreditation badge must be worn at all times. The loss of an accreditation badge must be reported to the competition secretariat and will be replaced at a cost of US \$25.00.

11. **FEES**

Meet Fees for the Championships are as follows:

 Meet Fee – US \$55.00 per night per member of the Official Delegation (swimmers, team officials & sanctioned technical officials) inclusive of breakfast, and dinner based on four (4) persons in a room or such a number as determined by the male/female ratio and total number of persons in the delegation.

- 2. If a **specific request** is made by a Federation for accommodation other than 4 persons per room, the following rates will apply (inclusive of breakfast and dinner).
 - o Triple occupancy US\$ 65.00 per person per night.
 - o Double occupancy US\$ 70.00 per person per night.
- 3. Swimming entry Fee US \$3.50 per swimmer per event
- 4. Swimming relay entry fee US \$7.50 per team per event
- 5. Synchronised swimming figures entry fee US \$5.00 per swimmer
- 6. Synchronised swimming routine entry fee US \$5.00 per Solo, Duet or Team
- 7. Water Polo entry fee US \$100 per water polo team
- 8. Transportation fee of US\$30.00 per delegation member and approved technical officials for the period April 22-27, 2011 & April 28-May 2, 2011 inclusive of (arrivals &departures, hotel/competition venue & return.)
- 9. Lunch will be served by the Hotel at US\$10.00 per person per day.

12. <u>TECHNICAL MEETINGS</u>: <u>Swimming</u>

- A. The Swimming Technical Meeting will be held on Friday, April 22, 2011 at 7:00 PM at the Aquatic Centre with the following Agenda:
 - 1. Welcome & introductions
 - 2. Review of psyche sheets and submission of corrections in writing, signed by the Head Coach or Delegation's Representative.
 - 3. Verification of passports of participants for proof of age and eligibility.
 - 4. Description of Games Village
 - 5. Description of Competition Venue
 - 6. Outline of configuration of pool and location of officials
 - 7. Transportation schedule
 - 8. Submission of nominees for the Jury of Appeal
 - 9. Opening/closing ceremonies
 - 10. Any other technical matters

TECHNICAL OFFICIALS' MEETING IMMEDIATELY FOLLOWING AT 8:30 PM

- 1) Presentation of roster
- 2) Outline of procedures and procession for competition
- 3) Brief discussion on swimming technical rules-queries
- 4) Officials' attire
- 5) Any other technical matters

13. TECHNICAL MEETINGS: Synchronised Swimming & Water Polo:

- A. The Synchronised Swimming & Water PoloTechnical Meeting will be held on Thursday, April 28th at 7:00 PM with the following Agenda.
 - 1. Welcome and Introductions.
 - 2. BREAK OUT MEETINGS FOR EACH DISCIPLINE

Synchronised Swimming:

- 1. Review of entries and verification of passports
- 2. Verification of passports of participants for proof of age and eligibility.
- 3. .Synchronised swimming draw
- 4. Submission of nominees for the Jury of Appeal
- 5. Outline of configuration of pool.
- 6. Any other technical matters.

Water Polo:

- 1. Review of entries and verification of passports of participants
- 2. Determine competition format
- 3. Competition draw
- 4. Selection of Committee to determine deserving water polo players
- 5. Any other technical matters

Resumption of General Meeting

- 1. Description of Games Village
- 2. Transportation schedule
- 3. Opening/closing ceremonies

TECHNICAL OFFICIALS' MEETING IMMEDIATELY FOLLOWING AT 8:30 PM

14. PROTESTS

All protests to the Referees' decision must be submitted to the Referee in writing within 30 minutes after the event, signed by the Delegation's Representative and accompanied by US \$25. If the protest is upheld the fee will be returned to the Delegation's leader.

15. JURY OF APPEAL

- A. There shall be a Jury of Appeal to adjudicate all appeals against a Referee's rejection of a protest.
- B. Each country shall be entitled to nominate a representative to serve on the Jury of Appeal. Nominations should be submitted in writing at the Technical Meeting on April 22, 2010-swimming and April 28th water polo and synchronised swimming.
- C. The Jury of Appeal shall be comprised of 3 disinterested persons drawn from the pool of nominees submitted by each country.

16. SCORING AND AWARDS

Points will be awarded as follows:

| | SWIMMING: | individual | <u>relays</u> | |
|--------------|------------------|--------------|-----------------------|------|
| | SYCHRO: | solo/figures | duet/teams/water polo | team |
| PLACE | | | | |
| 1 | | 9 | 18 | 27 |
| 2 | | 7 | 14 | 21 |
| 3 | | 6 | 12 | 18 |
| 4 | | 5 | 10 | 15 |
| 5 | | 4 | 8 | 12 |
| 6 | | 3 | 6 | 9 |
| 7 | | 2 | 4 | 6 |
| 8 | | 1 | 2 | 3 |

- A. **All disciplines**: Independent scoring will be kept in each discipline with the trophies awarded to the **top three teams** overall in each discipline.
- B. **All disciplines**: Trophies will be presented during the final session on the last day.
- C. **Swimming** Medals will be awarded to 1_{st}, 2_{nd} and 3_{rd} place in each event.
- D. **Swimming** A High Point Trophy will be presented to the champion in each age group (female & male).
- E. **Swimming -** Medals will be presented during the evening sessions.
- F. **Synchronised swimming** places will be determined according to the swimmers' scores.
- G. **Synchronised Swimming** Medals will be awarded to 1_{st}, 2_{nd} and 3_{rd} place in each event (only one entry per Country can win a medal.
- H. Water Polo-medals will be awarded to 1st, 2nd & 3rd place in each age group, including the team Coach.
- I. Water Polo-Trophies will be awarded to the top goal scorer, best defensive player and the best goalie in each age group.

Certificate of participation

Each Competitor in these Championships shall receive a certificate from the host Country in recognition of their participation. (Carifta guidelines)

Record certificates will be presented to competitors establishing new meet records at the closing ceremony. (Carifta guidelines)

17. OPENING OF POOL

Swimming:

The pool will be opened 90 minutes before the scheduled start of the Competition Session except prior to the Opening Ceremony-session 2-swimmng when the pool will be opened 90 minutes before the start of the Ceremony. The pool will be closed **20 minutes** before the start of the competition.

Water Polo & synchronised swimming:

The pool will be available for warm up 45 minutes before competition.

18. FLAGS AND ANTHEMS

Each Delegation shall provide:

- A. Two (2) flags of their Country no larger than 4 feet by 6 feet.
- B. A compact disk of their National Anthem with a time span of not longer than 30 seconds.

19. **CEREMONIES**

- A. There will be an Opening Ceremony on the first day of the Swimming Championships, April 23rd, 2011 at 5:30 PM at the competition venue and on April 29th 2011 at 5:30 PM during the water polo and synchronised swimming Championships.
- B. There will be a Closing Ceremony at the end of the competition to take place at the Games Village on April 26th and May 1st respectively.

20. TRANSPORTATION

- A. Teams are responsible for arranging their own transportation to and from Barbados and the cost there-of.
- B. Official delegations and approved technical officials will be met at the Grantley Adams International Airport by Volunteers and transported to the Games Village.
- C. Official delegations and approved technical Officials will be transported from the Games Village to the Airport for departure at the end of the Championships.
- D. Official Delegations and approved technical Officials will be transported between the Games Village and the Competition Venue. A Transportation schedule will be published.
- E. The Barbados departure tax is Bds \$163.00 (US 82.00) per person. This is normally included in the airline ticket but verification is necessary.

21. ACCOMMODATION AND MEALS

A. Dinner will be provided on Friday, April 22nd, 2011. Breakfast, lunch and dinner will be provided from Saturday, April 23rd until Tuesday April 26th, and breakfast on Monday, April 27th, 2011.

B. NOTE: The rates indicated above are valid only for the stated period (April 22-26, 2010). Should your delegation arrive earlier or depart later than the dates outlined in the summons higher rates may apply.

21. CONTACT INFORMATION

Sonia O'Neal (Mrs)
President & Chairperson Carifta 2011 Organising Committee
Barbados Amateur Swimming Association
Sir Garfield Sobers Sports Complex
Aquatic Centre
Wildey
St Michael

Tel #(246) 429-7946 Fax #(246) 436-2272 or 431-0541

E-mail: <u>basa@caribsurf.com</u> <u>sonpat@caribsurf.com</u>

22. <u>TECHNICAL OFFICIALS</u>

Qualified individuals may apply to the Organising Committee to act as Technical Officials in the Swimming, Synchronised Swimming or water polo competitions.

Application forms should be completed by the Technical Official, signed by the Federation President or Secretary and submitted to the Organising Committee's Chairperson not later than January 28, 2011. Officials who are accepted will be accommodated in the Games Village and will then enjoy the accommodation and transportation rates quoted for the official delegation.

Officials who are selected will be notified by February 28th 2011.

23. SUPPORTERS

The Organising Committee will be arranging a Supporters' Package that will include accommodation, transportation, accreditation, ticket to the closing after party, admission & heat sheets and a souvenir magazine. Information will be sent at a later date as well as will be posted on the Barbados Amateur Swimming Association's website: www.swimbarbados.com.

COMPETITION PROGRAMME - SWIMMING ORDER OF EVENTS

Session # 1 DAY 1, April 23 Start: 9:00 AM

| Event 1 | F 800 M Freestyle (slower heats) | 13-14 & 15-17 Timed Finals |
|-------------|-----------------------------------|----------------------------|
| Event 2 | M 1500 M Freestyle (slower heats) | 13-14 & 15-17 Timed Finals |
| Event 3/4 | F/M 200 M Breaststroke | 11-12 Prelims |
| Event 5/6 | F/M 200 M Breaststroke | 13-14 Prelims |
| Event 7/8 | F/M 200 M Breaststroke | 15-17 Prelims |
| Event 9/10 | F/M 50 M Backstroke | 11-12 Prelims |
| Event 11/12 | F/M 50 M Backstroke | 13-14 Prelims |
| Event 13/14 | F/M 50 M Backstroke | 15-17 Prelims |
| Event 15/16 | F/M 100 M Butterfly | 11-12 Prelims |
| Event 17/18 | F/M 100 M Butterfly | 13-14 Prelims |
| Event 19/20 | F/M 100 M Butterfly | 15-17 Prelims |
| Event 21/22 | F/M 4x100 M Freestyle relay | 11-12 Prelims |
| Event 23/24 | F/M 4x100 M Freestyle relay | 13-14 Prelims |
| Event 25/26 | F/M 4x100 M Freestyle relay | 15-17 Prelims |

Session # 2 DAY 1, April 23 Start 6:00 PM: Opening Ceremony 5:30 PM

| Event 1 | F 800 M Freestyle (fastest heat) | 13-14 & 15-17 Timed Finals |
|-------------|-----------------------------------|----------------------------|
| Event 2 | M 1500 M Freestyle (fastest heat) | 13-14 & 15-17 Timed Finals |
| Event 3/4 | F/M 200 M Breaststroke | 11-12 Finals |
| Event 5/6 | F/M 200 M Breaststroke | 13-14 Finals |
| Event 7/8 | F/M 200 M Breaststroke | 15-17 Finals |
| Event 9/10 | F/M 50 M Backstroke | 11-12 Finals |
| Event 11/12 | F/M 50 M Backstroke | 13-14 Finals |
| Event 13/14 | F/M 50 M Backstroke | 15-17 Finals |
| Event 15/16 | F/M 100 M Butterfly | 11-12 Finals |
| Event 17/18 | F/M 100 M Butterfly | 13-14 Finals |
| Event 19/20 | F/M 100 M Butterfly | 15-17 Finals |
| Event 21/22 | F/M 4x100 M Freestyle relay | 11-12 Finals |
| Event 23/24 | F/M 4x100 M Freestyle relay | 13-14 Finals |
| Event 25/26 | F/M 4x100 M Freestyle relay | 15-17 Finals |

Session # 3 DAY 2, April 24 Start: 9:00 AM

| Event 27/28 | F/M 200 M Freestyle | 11-12 Prelims |
|-------------|-----------------------------|--------------------|
| | | |
| Event 29/30 | F/ M 200 M Freestyle | 13-14 Prelims |
| Event 31/32 | F/M 200 M Freestyle | 15-17 Prelims |
| Event 33/34 | F/M 50 M Butterfly | 11-12 Prelims |
| Event 35/36 | F/M 50 M Butterfly | 13-14 Prelims |
| Event 37/38 | F/M 50 M Butterfly | 15-17 Prelims |
| Event 39/40 | F/M 100 M Backstroke | 11-12 Prelims |
| Event 41/42 | F/M 100 M Backstroke | 13-14 Prelims |
| Event 43/44 | F/M 100 M Backstroke | 15-17 Prelims |
| Event 45/46 | F/M 400 M IM (slower heats) | 11-12 Timed Finals |
| Event 47/48 | F/M 400 M IM (slower heats) | 13-14 Timed Finals |
| Event 49/50 | F/M 400 M IM (slower heats | 15-17 Timed Finals |
| Event 51/52 | F/M 4x100 M Medley relay | 11-12 Prelims |
| Event 53/54 | F/M 4x100 M Medley relay | 13-14 Prelims |
| Event 55/56 | F/M 4x100 M Medley relay | 15-17 Prelims |

COMPETITION PROGRAMME - SWIMMING ORDER OF EVENTS

Session # 4 DAY 2, April 24 Start 6:00 PM

| Event 27/28 | F/M 200 M Freestyle | 11-12 Final |
|-------------|-----------------------------|--------------------|
| Event 29/30 | F/ M 200 M Freestyle | 13-14 Final |
| Event 31/32 | F/M 200 M Freestyle | 15-17 Final |
| Event 33/34 | F/M 50 M Butterfly | 11-12 Final |
| Event 35/36 | F/M 50 M Butterfly | 13-14 Final |
| Event 37/38 | F/M 50 M Butterfly | 15-17 Final |
| Event 39/40 | F/M 100 M Backstroke | 11-12 Final |
| Event 41/42 | F/M 100 M Backstroke | 13-14 Final |
| Event 43/44 | F/M 100 M Backstroke | 15-17 Final |
| Event 45/46 | F/M 400 M IM (fastest heat) | 11-12 Timed Finals |
| Event 47/48 | F/M 400 M IM (fastest heat) | 13-14 Timed Finals |
| Event 49/50 | F/M 400 M IM (fastest heat) | 15-17 Timed Finals |
| Event 51/52 | F/M 4x100 M Medley relay | 11-12 Final |
| Event 53/54 | F/M 4x100 M Medley relay | 13-14 Final |
| Event 55/56 | F/M 4x100 M Medley relay | 15-17 Final |
| | | |

Session # 5 DAY 3, April 25 Start: 9:00 AM

| Event 57/58 Event 59/60 | F/M 200 M Individual Medley F/M 200 M Individual Medley | 11-12 Prelims 13-14 Prelims |
|----------------------------|--|--------------------------------|
| Event 61/62 | F/M 200 M Individual Medley | 15-17 Prelims |
| Event 63/64 | F/M 50 M Breaststroke | 11-12 Prelims |
| Event 65/66 | F/M 50 M Breaststroke | 13-14 Prelims |
| Event 67/68 | F/M 50 M Breaststroke | 15-17 Prelims |
| Event 69/70 | F/M 100 M Freestyle | 11-12 Prelims |
| Event 71/72 | F/M 100 M Freestyle | 13-14 Prelims |
| Event 73/74 | F/M 100 M Freestyle | 15-17 Prelims |
| Event 75/76 | F/M 200 M Butterfly | 11-12 Prelims |
| Event 77/78 | F/M 200 M Butterfly | 13-14 Prelims |
| Event 79/80 | F/M 200 M Butterfly | 15-17 Prelims |
| Event 81/82 | F/M 4x200 Free Relay | 13-14 Prelims |
| Event 83/84 | F/M 4x200 Free Relay | 15-17 Prelims |

Session # 6 DAY 3, April 25 Start 6:00 PM

| Event 57/58 | F/M 200 M Individual Medley | 11-12 Final |
|-------------|-----------------------------|-------------|
| Event 59/60 | F/M 200 M Individual Medley | 13-14 Final |
| Event 61/62 | F/M 200 M Individual Medley | 15-17 Final |
| Event 63/64 | F/M 50 M Breaststroke | 11-12 Final |
| Event 65/66 | F/M 50 M Breaststroke | 13-14 Final |
| Event 67/68 | F/M 50 M Breaststroke | 15-17 Final |
| Event 69/70 | F/M 100 M Freestyle | 11-12 Final |
| Event 71/72 | F/M 100 M Freestyle | 13-14 Final |
| Event 73/74 | F/M 100 M Freestyle | 15-17 Final |
| Event 75/76 | F/M 200 M Butterfly | 11-12 Final |
| Event 77/78 | F/M 200 M Butterfly | 13-14 Final |
| Event 79/80 | F/M 200 M Butterfly | 15-17 Final |
| Event 81/82 | F/M 4x200 Free Relay | 13-14 Final |
| Event 83/84 | F/M 4x200 Free Relay | 15-17 Final |

COMPETITION PROGRAMME - SWIMMING ORDER OF EVENTS

Session # 7 Day 4, April 26 Start 9:00 AM

| Event 85/86 | F/M 400 M Freestyle (slower heats) | 11-12 Timed finals |
|---------------|------------------------------------|--------------------|
| Event 87/88 | F/M 400 M Freestyle (slower heats) | 13-14 Timed Finals |
| Event 89/90 | F/M 400 M Freestyle (slower heats) | 15-17 Timed finals |
| Event 91/92 | F/M 50 M Freestyle | 11-12 Prelims |
| Event 93/94 | F/M 50 M Freestyle | 13-14 Prelims |
| Event 95/96 | F/M 50 M Freestyle | 15-17 Prelims |
| Event 97/98 | F/M 100 M Breaststroke | 11-12 Prelims |
| Event 99/100 | F/M 100 M Breaststroke | 13-14 Prelims |
| Event 101/102 | F/M 100 M Breaststroke | 15-17 Prelims |
| Event 103/104 | F/M 200 M Backstroke | 11-12 Prelims |
| Event 105/106 | F/M 200 M Backstroke | 13-14 Prelims |
| Event 107/108 | F/M 200 M Backstroke | 15-17 Prelims |
| Event 109/110 | F/M 4x50 M Freestyle Relay | 11-12 Prelims |
| Event 111/112 | F/M 4x50 M Freestyle Relay | 13-14 Prelims |
| Event 113/114 | F/M 4x50 M Freestyle Relay | 15-17 Prelims |

Session # 8 Day 4, April 26 Start 6:00 PM

| Event 85/86 | F/M 400 M Freestyle (faster heats) | 11-12 Timed finals |
|---------------|------------------------------------|--------------------|
| Event 87/88 | F/M 400 M Freestyle (faster heats) | 13-14 Timed Finals |
| Event 89/90 | F/M 400 M Freestyle (faster heats) | 15-17 Timed finals |
| Event 91/92 | F/M 50 M Freestyle | 11-12 Final |
| Event 93/94 | F/M 50 M Freestyle | 13-14 Final |
| Event 95/96 | F/M 50 M Freestyle | 15-17 Final |
| Event 97/98 | F/M 100 M Breaststroke | 11-12 Final |
| Event 99/100 | F/M 100 M Breaststroke | 13-14 Final |
| Event 101/102 | F/M 100 M Breaststroke | 15-17 Final |
| Event 103/104 | F/M 200 M Backstroke | 11-12 Final |
| Event 105/106 | F/M 200 M Backstroke | 13-14 Final |
| | F/M 200 M Backstroke | 15-17 Final |
| Event 109/110 | F/M 4x50 M Freestyle Relay | 11-12 Final |
| Event 111/112 | F/M 4x50 M Freestyle Relay | 13-14 Final |
| Event 113/114 | F/M 4x50 M Freestyle Relay | 15-17 Final |
| | | |

COMPETITION PROGRAMME – SYNCHRONISED SWIMMING ORDER OF EVENTS

FIRST DAY (APRIL 29, 2011)

| TIME | DESCRIPTION | AGE |
|------|-------------|--------------|
| X | FIGURES | 12 AND UNDER |
| X | FIGURES | 13-15 |
| X | FIGURES | 16-18 |

SECOND DAY (APRIL 30, 2011)

| X | SOLO | 12 AND UNDER |
|---|------|--------------|
| X | SOLO | 13-15 |
| X | SOLO | 16-18 |

THIRD DAY (May 1st, 2011)

| X | DUET | 12 AND UNDER |
|---|------|--------------|
| X | DUET | 13-15 |
| X | DUET | 16-18 |

FOURTH DAY (May 1st, 2011)

| X | TEAM | 12 AND UNDER |
|---|------|--------------|
| X | TEAM | 13-15 |
| X | TEAM | 16-18 |

X = TIMES WILL BE ANNOUNCED LATER.

COMPETITION PROGRAMME-WATER POLO ORDER OF EVENTS

The water polo schedule of games will be published after the technical meeting

CARIFTA SWIMMING CHAMPIONSHIPS 2011 BARBADOS

SWIMMING, SYNCHRONISED SWIMMING, WATER POLO PRELIMINARY ENTRY FORM

The preliminary entry form must be returned to the Barbados Amateur Swimming Association no later than January 28, 2011.

| (Please type or print in block letters): Name of Federation: | | | | | | | | | | |
|---|---------|-----------------------|------------|-------------|-------------------|-------------------|------------------------|---------|-------|---|
| Contact Person | : | | | | | | | | | |
| Address: | | | | | | | | | | |
| Email Address: | | | | | | | | | | |
| Our Delegation | will co | | NIM | MING | G | | | | | |
| Age Category | 11-12 | 13-14 15-17 | | 17 | Team Officials | | Technical Officials | Total | | |
| Female | | | | | | | | | | |
| Male | | | | | | | | | | |
| | | | | | | | | | | |
| Sub-Total | | | | | | | | | | |
| SYNCHRONISED SWIMMING | | | | | | | | | | |
| Age category | | 12&0110 | ICI | 13- | | 10-10 | Team Officials | Judges | Total | |
| Number of Swin | nmers | | | | | | | | | |
| Number of Solo | S | | | | | | | | | |
| Number of Duets | | | | | | | | | | |
| Number of Teams | | | | | | | | | | |
| | | | | | | | | | | |
| Sub Total | | | | | | | | | | |
| | W | /ATER PC | OIO | | | | | | |] |
| | | FEMALE | | ALE | T | OTAL | | | | |
| # OF TEAMS | | | 1 | | • | | | | | |
| # OF TEAM OFFI | CIALS | | | | | | | | | |
| # OF REFEREES | | | | | | | | | | |
| TOTAL | | | | | | | | | | |
| Date: | | | • | | 1 | | | | | |
| Signature: | | • • • • • • • • • • • | | • • • • • • | | • • • • • • • • • | ••••• | | | |
| STAMP, NAME & | SIGNA | TURE of | PRES | SIDEN | NT (| or SECF | RETARY of FE | DERATIO | N: | |

Return by email to:basa@caribsurf.com/sonpat@caribsurf.com OR FAX:436-2272

2011 CARIFTA SWIMMING CHAMPIOMSHIPS BARBADOS

APPLICATION FORM FOR TECHNICAL OFFICIALS

| NAME: | SIGNATURE |
|----------------|---|
| ADDRESS:_ | |
| COUNTRY: | |
| I apply to Off | iciate in: Swimming:; Synchronised SwimmingWater Polo propriate box |
| THE POSITION | ON I CAN FILL IS |
| (List meets/ev | VED AS AN TECHNICAL OFFICIAL DURING THE PAST 4 YEARS: vents at which officiated) AL: |
| b) INTERNA | ATIONAL: |
| MY PRESEN | T POSITION AS TECHNICAL OFFICIAL IS: |
| a) NATION | AL: |
| b) FINA: LI | ST # |
| This Form mu | ast be signed by the President or Secretary of the National Federation. |
| Name | Title |
| Date | |
| NOTES: | (1) TEAM OFFICIALS MAY NOT ACT AS TECHNICAL OFFICIALS (2) THIS FORM MUST BE RETURNED BY FAX OR EMAIL TO the Organizing Committee of CARIFTA 2010 BARBADOS AMATEUR SWIMMING ASSOCIATION: EMAIL: basa@caribsurf.com; /sonpat@caribsurf.com NOT LATER THAN JANUARY 28, 2011. |